



British Fencing

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Meylan



14th – 15th November 2009

Dear fencer, parent, coach

Thursday, 12 November 2009

This letter contains the latest details for Meylan, 13-15 Nov. *Please read it carefully.* Please also keep an eye on www.fencingforum.com, that's where I will announce any changes to this information document. You should log in & subscribe to the Meylan thread. If you don't know how to do this ASK. Please, as usual, print out a copy of this information document just before you leave & bring it with you.

OUTBOUND:	BA362 FRI13NOV	London Heathrow / Lyon	1455	1735
INBOUND:	BA363 SUN15NOV	Lyon / London Heathrow	1820	1905

We will be travelling out on Friday 13th November from **Heathrow terminal 5** leaving at 14:55, flight number BA8362. Meet at the British Airways check-in desks by 12:30. Please do not be late.

We will be returning on Sunday 15th November arriving at 19:05, flight number BA363 (flight leaves Lyon at 18:20). Please make sure you are being met or you have arranged your transport home. When you do leave at the airport please make sure you tell me you are leaving or have been collected. This means if you leave the baggage reclaim hall before me to meet your parents you need to wait until I get out.

Luggage rules have changed very recently. Please make sure you have read the airline regulations on hand luggage at BA.com. You may need to pay if your bag is overweight & this will be your responsibility.

Each passenger has a confirmed free baggage allowance of 2 items of checked baggage up to a maximum of 23kgs per bag plus 1 item of carry on baggage with dimensions no more than 56cm x 45cm x 25cm.

We will be staying & eating at:-
Hotel Ibis Grenoble Université
Rue de la Condamine ZI de Mayencin - 38610 - GIERES - FRANCE
Tel : (+33)4/76440044 Fax : (+33)4/76510358

I have produced a room list for the accommodation; let me know if any of you want to change it. Female Team Managers are Pat Aiyenuro & Mollie Heslip.

The address of the venue is:-
Buclos Gymnasium - bd des alpes – Meylan

You will need to bring:

- Your passport
- Your British Fencing (or equivalent) licence
- Money (you will not need to pay for evening meals or lunches)
- An EHIC card (apply at www.ehic.org.uk or call 0845 606 2030)
- If you take any medication on the WADA list of banned substances (asthma inhalers are the most common full details at www.wada-ama.org) you will need to have a TUE certificate before you travel to this event. To check any medication you might be taking or have with you please go to: <http://www.globaldro.com/>
Read the details at: http://www.britishfencing.com/British_Fencing.asp?PageID=1024 Please make sure you have read the relevant information at www.100percentme.co.uk.
- Your fencing kit (you will need FIE kit: 800N jacket, breeches, & plastron, 1600N mask, & S2000 blades. You should ideally have 3 sabres & 3 body wires. Your lame jacket, mask, overlay & body wires *must* be in good condition to pass the equipment control.) Talk to your coach if this is a problem.

The timetable will be: Saturday - individual events, Sunday – team events. The team events will involve everyone.

Saturday November 14 th	11h00-11h30	Registration men fencer
	12h00	Opening men individual challenge
	12h15-12h45	Registration women fencer
	13h15	Opening women individual challenge
	18h30	Semi-finals men and women

Sunday November 15th **The team registration is opening on saturday 15h00-17h00**
8h30 Scratch men team
9h00 Opening men team challenge
9h30 Scratch women team
10h00 Opening women challenge
15h00 Finals team

Please remember you have signed an athlete agreement governing your behaviour over the whole weekend. Please reread it if you have forgotten what you have signed. If you have lost it please let me know & I'll let you have another one.

The official coaches are there for your benefit, please don't be afraid to ask for help, warm-up lessons, advice, etc at any time during the weekend.

Contact me (preferably by email) if you have any questions.

Neil Brown

Room list

Please look at the "Meylan replies & details" link on the cadet page at www.fencingcoach.net. Please tell me if any of you want to make any changes.