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Pisa 17th January 2010

This letter contains the latest details for Pisa 16-18 Jan. *Please read it carefully*. Please also keep an eye on www.fencingforum.com, that's where I will announce any changes to this document. You should log in & subscribe to the Pisa thread. If you don't know how to do this ASK. Please, as usual, print out a copy of this information document & the invitation document just before you leave & bring it with you.

As you know flight details are:-

EZY5233 SAT16JAN London Gatwick / Pisa 1050 1400 EZY5234 MON18JAN Pisa / London Gatwick 1435 1540

Please meet at the easyJet check-in at Gatwick South terminal at 8:30

Please note that all fencers need to get their fencing bags under 20kg. If your bag weighs more than this you may need to pay at the check-in. There is no weight limit on hand luggage.

On Monday when we arrive back at the airport please make sure you tell me you are leaving or have been collected.

There will be transport provided to & from the hotel for those on the flights I have organised & we'll be eating in the hotel Saturday & Sunday evenings.

The event will be held at:-Sportive Centre of Fucecchio (Florence) in Fucecchio

Hotel details are:-

Euro Hotel Cascina

Viale Europa 6, Cascina, 56021 PI, Italy

I have produced a room list for the accommodation, published on the spreadsheet at http://neilbrown.50g.com/pisareplies10.htm, let me know if any of you want to change it. Female team managers are Pat Aiyenuro & Meg Shepherd-Foster & all our phone numbers are above.

You will need to bring:

- Your passport
- Your British Fencing (or equivalent) licence
- Money (you will not need to pay for evening meals or lunch on Sunday)
- An EHIC card (apply at <u>www.ehic.org.uk</u> or call 0845 606 2030)
- If you take any medication on the WADA list of banned substances (asthma inhalers are the most common, full details at www.globaldro.com) you will need to have a TUE certificate before you travel to this event. Please see the details at: http://www.britishfencing.com/British_Fencing.asp?PageID=1022
- Please make sure you have read the relevant information at www.100percentme.co.uk.
- Your fencing kit (you will need FIE kit: 800N jacket, breeches, & plastron, 1600N mask, & S2000 blades. You should ideally have 3 sabres & 3 body wires. Your lame jacket, mask, overlay & body wires must be in good condition to pass any equipment control.) Talk to your coach if this is a problem.

Check-in times are as follows:-

8:30 - 9:00am Enrolment Male Sabre 9:30 - 10:00am Enrolment Female Sabre

Actual start times are not published but expect 30 minutes after check-in.

Individual fencers do not need to check in.

Please remember you have signed a code of conduct governing your behaviour over the whole weekend. Please reread it if you have forgotten what you have signed. If you have lost it please let me know & I'll let you have another one.

The official coaches are there for your benefit, please don't be afraid to ask for help, warm-up lessons, advice, etc at any time during the weekend.

Contact me (preferably by email) if you have any questions.